

LOCAL PARKINSON'S RESOURCES

Below is a collection of resources specific to the Parkinson's community in Winnipeg and the surrounding region, including support groups, exercise programs and wellness classes.

Resources are categorized by type and listed alphabetically by city.

SUPPORT GROUPS

Brandon

2nd Thursday, 1:30 pm
First Baptist Church
3881 Park Ave.
Brandon, MB R7B 3Y6
Contact: Charlotte Potyondy - (204) 726-1702
Email: charlotte.potyondy@parkinson.ca

Gimli

3rd Thursday, 2:00 pm
Betel Home Board Room
961 1 Ave.
Gimli, MB R0C 1B0
Contact: Donna Greening - (800) 565-3000 ext. 3440
Email: donna.greening@parkinson.ca

Winnipeg

2nd Wednesday, 1:30 pm
St. James Assiniboia
203 Duffield St.
Winnipeg, MB R3J 2J8
Contact: Donna Greening - (800) 565-3000 ext. 3440
Email: donna.greening@parkinson.ca

Winnipeg

Thursdays, 1:00 pm
River Ridge Retirement Residence
Building 1 - 50 Ridgecrest Ave.
Winnipeg, MB R2V 4Z4
Contact: Donna Greening - (800) 565-3000 ext. 3440
Email: donna.greening@parkinson.ca

Winnipeg - Care Partners

3rd Thursday, 1:30 pm
St. George's Anglican Church
168 Wilton St.
Winnipeg, MB R3M 3C3
Contact: Donna Greening - (800) 565-3000 ext. 3440
Email: donna.greening@parkinson.ca

Winnipeg - Movers and Shakers

4th Tuesday, 6:30 pm
McIvor Avenue Mennonite Brethren Church
200 McIvor Ave.
Winnipeg, MB R2G 0Z8
Contact: Donna Greening - (800) 565-3000 ext. 3440
Email: donna.greening@parkinson.ca

Winnipeg - Young Onset

1st Wednesday, 6:30 pm
Reh-Fit Centre
1390 Taylor Ave.
Winnipeg, MB R3M 3V8
Contact: Donna Greening - (800) 565-3000 ext. 3440
Email: donna.greening@parkinson.ca