

PARKINSON'S PSYCHOSIS

SELF-ASSESSMENT

Sometimes Parkinson's itself or side effects of medications can change your perception of reality, resulting in Parkinson's psychosis. Parkinson's psychosis typically takes the form of hallucinations (experiencing things visually or otherwise that are not really there), delusions (a false belief or impression that you hold to firmly, even though it is irrational or illogical) or both. Some people are aware what they are experiencing is not actually real, while others are not.

Review the statements below together with your care partner and discuss with your doctor if you are experiencing any of the following:

For People Living with Parkinson's

- I've seen, heard or smelled things, such as people, animals or objects, that weren't actually there.
- I've had experiences, such as the vivid sensation of someone in the room with me or a brief vision of movement, when there was nothing actually there.
- I've looked at something and seen it appear briefly as something else. For example, words on a page appearing as insects.
- I've had beliefs or fears, such as my loved one abandoning me, being unfaithful or stealing from me.

For Care Partners and Family Members

- My loved one has seen things, heard things or felt things that weren't actually there.
- My loved one has experienced any false beliefs toward me or others, such as believing someone is stealing from them or that I'm being unfaithful.
- These false beliefs or visualizations have affected our daily lives.